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WHAT IS CLAIMED IS:

- 1. An illumination device comprising:
 - (a) a light source;
- 5 (b) a light fiber comprising:

an elongate polymeric core having an input end for receiving light from a light source, an output end for emitting light transmitted through the core, and a lateral surface extending along a longitudinal axis of the core between the input end and the output end;

a light-emitting region directing light traveling though the light fiber out of at least a portion the lateral surface of the light fiber in a direction generally transverse to the longitudinal axis, the light-emitting region comprising at least one optical element; and

a continuous outer cladding layer comprising a polymeric material having a lower index of refraction than the core extending over the lateral surface of the core and the optical elements;

wherein the light fiber is optically coupled to the light source such that at least a portion of the light emitted from the light source impinges on the input end of the light fiber.

- 2. The illumination device of claim 1, wherein the light-emitting region comprises a series of two or more optical elements separated at a distance from one another along the longitudinal axis of the core.
 - 3. The illumination device of claim 2, wherein the light emitting region has a

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length along the longitudinal axis that is less than a total length of the light fiber along the longitudinal axis.

- 4. The illumination device of claim 2, wherein the light-emitting region of the light fiber emits light with a lateral angular distribution of less than 360 degrees.
 - 5. The illumination device of claim 2, wherein the light-emitting region of the light fiber emits light with a lateral angular distribution of less than 180 degrees.
- 10 6. The illumination device of claim 2, wherein the light fiber is rotatably connected to the light source.
 - 7. The illumination device of claim 2, wherein the light fiber is detachably connected to the light source.
 - 8. The illumination device of claim 2, wherein the light fiber emits light from both the output end and the light-emitting region.
 - 9. The illumination device of claim 2, wherein the light source is a flashlight.
 - 10. The illumination device of claim 2, wherein the continuous outer cladding comprises fluorinated ethylene-propylene.
- 11. The illumination device of claim 2, wherein the light-emitting region comprises at least three optical elements regularly spaced along the longitudinal axis of the core.
 - 12. The illumination device of claim 2, wherein the light-emitting region comprises at least three optical elements irregularly spaced along the longitudinal axis of the core.

- 13. The illumination device of claim 2, wherein the optical elements have a depth ranging from about 1% to 10% of a thickness of the light fiber.
- 5 14. The illumination device of claim 2, wherein the light fiber includes a first optical element having a first depth and a second optical element having a second depth wherein the first depth is not equal to the second depth.
- 15. The illumination device of claim 2, wherein the light fiber has a circular cross-sectional shape and has a diameter ranging from about 1 mm to about 25 mm.
 - 16. The illumination device of claim 2, wherein the outer cladding layer has a thickness less than about 1 mm.
- 17. The illumination device of claim 2 further including a jacket layer over the outer cladding layer.
 - 18. The illumination device of claim 2, wherein each of the optical elements comprise at least one reflection surface inclined at an angle from 10° to 80° to a plane normal to the longitudinal axis of the core.

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